The Couch and the Silver Screen

Psychoanalytic Reflections on European Cinema

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Cinema as a "dream-machine" is a blurry notion, implying a realm of fantasy. The idea of dream-images emerging from the unconscious mind as "phantoms" is a common concept in film studies.

In the opening lines of his seminal work, "The Psychology of Film," Carl Jung spoke of the "unconscious" as a realm of "dream-like" experiences. This notion was later expanded upon by others, such as Sigmund Freud, who described the dream as a "work of art." The idea of the dream as a creative, self-contained world was further explored by Jung, who saw it as a means of accessing the "collective unconscious." This concept has been influential in the development of modern theories of film and its relation to the human psyche.

Elizabeth Cowie's "Wild Strawberries (1957) of Ingmar Bergman's The Cinematic Dream-Work" is a seminal work that explores the intersection of film and the unconscious mind. It is a must-read for anyone interested in the psychology of film and the role of dreams in storytelling.

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Elizabeth Cowie

WILD STRAWBERRIES (1957) OF INGMAR BERGMAN'S THE CINEMATIC DREAM-WORK

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Dreams are visual experiences, and can be described as a performance - a mental representation, a process of information elaboration. The content of a dream is a representation of one's memories, experiences, and emotions. Dreams can be divided into two categories: 

1. Lucid dreams, in which the dreamer is aware that they are dreaming.
2. Non-lucid dreams, in which the dreamer is not aware that they are dreaming.

LUCID DREAMS

Lucid dreams are a unique type of dream in which the dreamer is aware that they are dreaming. This awareness can lead to a variety of experiences, including the ability to control the dream, explore different scenarios, and even influence the dream's outcome. Lucid dreams can be experienced by anyone, regardless of age or gender, and can occur at any stage of sleep.

NON-LUCID DREAMS

Non-lucid dreams are the more common type of dream and do not include the awareness of dreaming. These dreams can provide insight into the dreamer's subconscious thoughts and feelings, and can sometimes be interpreted as a form of communication or a warning. Non-lucid dreams can be linked to various factors, such as stress, anxiety, and physical or emotional pain.

In summary, dreams are a complex phenomenon that play a significant role in our mental and emotional well-being. Understanding the nature of dreams and their impact on our lives can help us to better understand ourselves and the world around us.
The dream is a kind of navigation in the non-conscious, a means of exploring hidden aspects of the self. Dreams are not random, unimportant events. They are a means of understanding and interpreting the subconscious mind. Dreams are a way of expressing the unconscious mind and can provide insights into the hidden desires and fears of the dreamer.

In dreams, the mind is free from the constraints of the waking world and can explore the depths of the psyche. Dreams are a form of communication between the conscious and unconscious mind. They are a way of expressing the subconscious mind and can provide insights into the hidden desires and fears of the dreamer.

Dreams are a means of exploring the unknown, a way of understanding the unspoken. They are a means of exploring the subconscious mind and can provide insights into the hidden desires and fears of the dreamer. Dreams are a way of communicating with the subconscious mind and can provide insights into the hidden desires and fears of the dreamer.
THE DREAM-WORK OF MILD STANDARDS

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The dream is not a simple, straightforward dream of the world as it is. It is a complex, multi-layered dream originating from the subconscious and the unconscious mind. The elements within the dream are not random but are carefully chosen to convey deeper meanings and symbolism.

In the dream, we often encounter symbols, images, and scenarios that can be interpreted to reveal hidden aspects of our inner selves and our unconscious mind. These dreams are not just a reflection of our daily life but a means of processing and understanding our emotions, desires, and fears.

The process of dream analysis involves interpreting the symbols, emotions, and themes present in our dreams to gain insight into our subconscious mind. By understanding the dreams, we can gain a better understanding of ourselves and our experiences, which can lead to personal growth and development.

Dreams are a powerful tool for self-discovery and self-understanding. By paying attention to our dreams and learning to interpret them, we can unlock the wisdom and guidance that lies within them.
Friends, this is the dream we're all sharing. In the dream of the future, we imagine a world where our actions are guided by principles and not by fear. In the dream where love and compassion flourish, we see a society where everyone is valued and respected. In the dream where the earth is safe and the sky is clear, we dream of a world where harmony prevails.

Yet, before we delve into the vision of the future, let us acknowledge the present. The world we live in is not perfect. There are challenges we face, problems we need to solve, and decisions we must make. Today, let us focus on what we can do to create a better tomorrow.

In the dream of the future, we aim to foster a community where unity and diversity coexist, where differences are celebrated, and where every voice counts. We dream of a world where education is accessible to all, where opportunities are equally distributed, and where everyone has a chance to achieve their dreams.

The journey towards this dream is not easy. It requires courage, perseverance, and a commitment to change. But with each step we take, we move closer to realizing the vision we hold dear.

So let us begin, let us act, let us work together to make our dreams a reality. Together, we can create a world where love, compassion, and hope reign supreme.